

# 7 DAYS

CASH AND CARRY  
FRESH. AFFORDABLE. QUALITY.

WHOLESALE PRICES FOR

PUBLIC | TRADERS  
CHURCHES | SOCIETIES

CONTACT: +2783355145 ADDRESS : 3 D F MALAN ST, HEIDELBERG, HEIDELBERG - GP, 1439

PRICES THAT WILL MAKE YOU FREEZE

Manjoh Maize Meal 12.5Kg <b>117.99</b> 5 or more <b>115.99</b>	Manjoh Maize Meal 10Kg <b>98.99</b> 25Kg <b>245.99</b>	Pride Maize Meal 5Kg <b>49.99</b> 5 or more <b>48.99</b>	Pride Maize Meal 12.5Kg <b>104.99</b> 5 or more <b>99.99</b>	White Star Maize Meal 12.5Kg <b>114.99</b>	Papa Maize Meal 12.5Kg <b>99.99</b> 5 or more <b>96.99</b>	Itau Maize Meal 12.5Kg <b>99.99</b> 25Kg <b>194.99</b>	Lucky Maize Meal 12.5Kg <b>95.99</b> 25Kg <b>199.99</b>
Allsome Delite Rice 10Kg <b>149.99</b>	Snowflake Flour 12.5Kg <b>154.99</b> 10kg to flip cake wheat flour	Farm Food Flour 12.5Kg <b>139.99</b> 10 or more <b>137.99</b>	Bakers Dream Flour 12.5Kg <b>139.99</b> 10 or more <b>134.99</b>	Sasko Flour 12.5Kg <b>144.99</b>	Itau Cake Wheat Flour 12.5Kg <b>134.99</b>	Manjoh Green Split Peas 500g <b>15.99</b> 1kg <b>24.99</b>	Manjoh Red Split Peas 500g <b>19.99</b> 1kg <b>29.99</b> 5kg <b>59.99</b> 11.99
Spekko Rice 2Kg <b>39.99</b>	Selati Brown Sugar 2Kg <b>39.99</b> 5Kg <b>94.99</b> 10Kg <b>194.99</b>	Sun Shine Brown Sugar 5Kg <b>88.99</b> 10Kg <b>189.99</b>	Sun Star D/Lite / Sun-Foil Palm Oil 2L <b>479.99</b>	Delite / Sun-Star Cooking Oil 2L <b>54.99</b>	Sun Star Cooking Oil 5L <b>124.99</b>	Manjoh Samba 5kg <b>59.99</b>	Manjoh Butterfly Popcorn 500g <b>19.99</b>
Rainbow Chicken 2Kg <b>74.99</b>	Pasta Grande Macaroni 3Kg <b>69.99</b>	Koo Baked Beans 410g <b>13.99</b>	Lucky Star Tinned Fish 400g <b>24.99</b>	Supa Fry Cooking Oil 2L <b>49.99</b>	Supa Crisp Cooking Oil 2L <b>49.99</b>	All Gold tomato Sauce 700ml <b>See Instore</b>	Papa / Itau Maize Meal 5kg <b>47.99</b> 25kg <b>199.99</b>
Koo Mixed Veg 410g <b>14.99</b>	C&B Mayonnaise 750ml <b>39.99</b>	Eggs Large 30's <b>SEE IN STORE</b>	Rama Margarine 500g <b>24.99</b>	Royco soup 10g <b>4.99</b>	Knorr Soup Box <b>49.99</b>	Kellogg's Corn Flakes 1Kg <b>59.99</b>	Skaftin Maize Meal 5kg <b>44.99</b> 10kg <b>84.99</b> 12.5kg <b>99.99</b> 25kg <b>209.99</b>
Glen Tea Bags 100's <b>29.99</b>	Trinco Tea Bags 100's <b>24.99</b>	Cremona Creamer 750g <b>54.99</b>	Dewfresh Milk 1L <b>14.99</b> 6x1L <b>87.99</b>	White Star Instant Porridge 1Kg <b>19.99</b>	Bokomo Weet-bix 900g <b>44.99</b>	Ha Yes Icepops Pack <b>24.99</b>	Sun Star Cooking Oil 12x375ml <b>144.99</b>
Angel Petroleum Jelly 500ml <b>34.99</b>	Clere Body Cream 500ml <b>24.99</b>	Shield Roll-on 50ml <b>19.99</b>	Dragon Energy Drink 24x500ml <b>164.99</b>	Switch Energy Drink 24x500ml <b>164.99</b>	Reboost-Flavors Energy Drink 4x300ml <b>24.99</b>	Zoom Juice 12x200ml <b>34.99</b>	Nik Naks Snacks 50x20g <b>49.99</b>
Sunlight Washing Powder 2Kg <b>54.99</b>	Sky Washing Powder 2Kg <b>34.99</b>	Surf Washing Powder 2Kg <b>54.99</b>	Sunlight Laundry Bar 500g <b>19.99</b>	Protex/Lux Bath Soap 175g <b>12.99</b>	Diamond 2 Plate Stove Each <b>249.99</b>	Salad Bowl with lid Each <b>29.99</b>	Bucket With Lid 20L <b>29.99</b>
Sta Soft Refills 500ml <b>See Instore</b>	Kiwi Polish 100g <b>See Instore</b>	Jik Bleach 750ml <b>19.99</b>	Handy Andy Cleaner 750ml <b>24.99</b>	Sunlight Liquid 750ml <b>29.99</b>	Good Mama 2 Plate Stove Each <b>129.99</b>	Huggies Jumbo All Sizes <b>169.99</b>	Tapat Vinyl Mat 5M <b>129.99</b>

PROMOTION VALID FROM 31 JULY - 12 AUGUST 2024